

NOC: Introduction to Psychology - Video course

COURSE OUTLINE

This course is designed for better understanding of the self and others. It will help you understand the how and why of thinking, feeling, and action. This introductory psychology course will cover the major psychological constructs and principles, primarily focusing on the perceptual processes, learning, memory, emotions, genetic and environmental determinants of behavior and personality. In the last week it will also demonstrate some lab sessions whereby the relevant construct and phenomena can be empirically tested.

COURSE DETAIL

Week	Topics
1.	Why Psychology? Major milestones in psychology Major milestones in psychology Major areas of psychology Major methods used in psychology Redefining boundaries of the discipline
2.	Perception
3.	Learning
4.	Memory
5.	Emotion
6.	Genetic and Environmental bases of behaviour



NP-TEL

NPTEL

<http://nptel.ac.in>

Humanities and Social Sciences

Coordinators:

Braj Bhushan

Department of Humanities and
Social Sciences IIT Kanpur

7.	Personality
8.	Lab session: Perception

References:

Feldman, R.S. (2004). Understanding Psychology. Tata McGraw-Hill, New Delhi