Assignment 1: Introduction to Positive Psychology

The due date for submitting this assignment has passed. Due on 2019-08-14, 23:59 IST. As per our records you have not submitted this assignment.

1) Psychology may be described as:

- a scientific study of cognitive processes and behaviour
- Mind-reading
- Understanding how people think, act and feel.
- Unscientific

No, the answer is incorrect.
Score: 0
Accepted Answers:
- a scientific study of cognitive processes and behaviour
- Understanding how people think, act and feel.

2) Which of the following school of psychology is concerned with Stimulus-Response connection?

- Humanistic Approach
- Functionalism
- Psychodynamic Approach
- Behaviorism

No, the answer is incorrect.
Score: 0
Accepted Answers:
- Behaviorism

3) Who used the term Positive Psychology for the first time in 1954?
Positive Psychology - - Unit 3 - Introduction to Positive Psychology

- Martin Seligman
- Abraham Maslow
- Carl Rogers
- Albert Bandura

No, the answer is incorrect.
Score: 0
Accepted Answers:
Abraham Maslow

4) Which of the following is/are a part of positive psychology?  
- Positive Education
- Positive Psychotherapy
- Positive Organisations
- None of the above

No, the answer is incorrect.
Score: 0
Accepted Answers:
None of the above

5) State True or False:  
'Psychology in India' and 'Positive Psychology' are birds of the same feather.
- True
- False

No, the answer is incorrect.
Score: 0
Accepted Answers:
False

6) Which of the following is not a characteristic of correlational research?  
- It tells us whether two variables are related.
- It tells us the direction of the relation between the variables.
- It tells us to what extent the two variables are related to one another (the magnitude of the relation)
- It tells about the cause and effect relationship between the variables.

No, the answer is incorrect.
Score: 0
Accepted Answers:
It tells about the cause and effect relationship between the variables.

7) Rogerian Therapy emphasises on:
- Conditional Positive Regard
- Congruence
- Sympathy
- Acceptance
- Past Experiences

No, the answer is incorrect.
Score: 0
Accepted Answers:
Congruence
Acceptance

8) Positive Psychology scientifically aims to study
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<tr>
<th>Number</th>
<th>Question</th>
<th>Answer</th>
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<tbody>
<tr>
<td>9</td>
<td>State True or False: The experimental method allows us to draw conclusions about the cause and effect relationship between the variables.</td>
<td>True</td>
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<tr>
<td>10</td>
<td>Which psychological perspective emphasises on unconscious mind?</td>
<td>Psychodynamic</td>
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