Assignment-3

The due date for submitting this assignment has passed.

Week 1
Lectures 11, 12: Test and Issues of Stress

Accepted Answers
- Anxiety disorder
- Depression
- Stress

No, the answer is incorrect.

Week 2
Lectures 9, 10: Test and Issues of Stress

Accepted Answers
- Anxiety disorder
- Depression
- Stress

No, the answer is incorrect.

Week 3
Lectures 13, 14: Test and Issues of Stress

Accepted Answers
- Anxiety disorder
- Depression
- Stress

No, the answer is incorrect.

Week 4
Lectures 15, 16: Test and Issues of Stress

Accepted Answers
- Anxiety disorder
- Depression
- Stress

No, the answer is incorrect.

Exercise 3
1. What is a CDI? (1 point)
- Interpersonal classification of disease
- International classification of disease
- Internet classification of disease
- None of the above

Accepted Answers
- International classification of disease

No, the answer is incorrect.

2. Madonna is suffering from depression, what will be the sign and symptoms? (1 point)
- Decline in grooming and hygiene
- Physical neglect
- Loss of interest or pleasure
- Decline in ability to think or concentration

Accepted Answers
- Decline in grooming and hygiene
- Physical neglect
- Loss of interest or pleasure
- Decline in ability to think or concentration

No, the answer is incorrect.

3. Four days and four months Thomas has sleeping disturbance and his weight has not changed. Thomas is suffering from (1 point)
- Change in style of life
- Depression
- Obstructive sleep apnea
- None of the above

Accepted Answers
- Depression

No, the answer is incorrect.

4. What are the two situation that can cause depression? (1 point)
- Major life event
- Substance abuse
- Loss of interest or pleasure
- None of the above

Accepted Answers
- Major life event

No, the answer is incorrect.

5. A type of psychological treatment that helps a patient to understand his thoughts and feelings that influence his or her behavior is (1 point)
- Somatotherapy
- Insight-oriented therapy
- Cognitive-behavior therapy
- Humanistic therapy

Accepted Answers
- Insight-oriented therapy

No, the answer is incorrect.

6. Analysis is a healthy 45 year old. During her visit to the market place with her mother she suddenly feels a fear for no reason, her heartbeat was fast with short breath, feeling difficulty and worthiness. She is suffering from (1 point)
- Anxiety
- Depression
- Panic attack
- Stress

Accepted Answers
- Panic attack

No, the answer is incorrect.

7. Pritika has a strong test next week. How much anxiety can help her to perform well? (1 point)
- Medium level of anxiety
- High level of anxiety
- Moderate level of anxiety
- No anxiety

Accepted Answers
- Moderate level of anxiety

No, the answer is incorrect.