Assignment 6

The due date for submitting this assignment has passed.

As per our records you have not submitted this assignment.

Due on 2021-03-03, 23:59 IST.

1) Pleasure, enjoyment, satisfaction are associated with......................well-being
   - Hedonic
   - Eudaimonic
   - Psychological
   - Both hedonic and eudaimonic
   
   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   Hedonic

2) Hedonic well-being is also known as ........................................
   - Subjective well-being
   - Happiness
   - Psychological well-being
   - Both subjective well-being and happiness

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   Both subjective well-being and happiness

3) Personal growth, autonomy, meaning in life are the components of ..............well-being.
   - Hedonic
   - Eudaimonic
   - Subjective
   - Both hedonic and eudaimonic

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   Eudaimonic

4) Aristotle was the proponent of ..............well-being
   - Hedonic
   - Eudaimonic
   - Subjective
   - Both hedonic and eudaimonic

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   Eudaimonic

5) ____________________is dynamic process encompassing positive adaptation within the context of significant adversity
   - Resilience
   - Posttraumatic growth
   - Optimism
   - None of these

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   Resilience

6) ____________________is about perseverance and passion for long-term goals introduced by Angela Duckworth
   - Resilience
   - Grit
   - Hardiness
   - LOTUS of control

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   Grit

7) Which of the following statements is true for Martin Seligman's model of flourish (PERMA)?
   - It is a hedonic model of well-being
   - It is a eudaimonic model of well-being
   - It is a combination of both hedonic and eudaimonic model of well-being
   - None of these

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   It is a combination of both hedonic and eudaimonic model of well-being

8) According to Corey L. M. Keyes (2005, 2007), positive mental health includes ...............
   - Emotional well-being
   - Psychological well-being
   - Social well-being
   - A combination of emotional, psychological, and social well-being

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   A combination of emotional, psychological, and social well-being