Assignment 4

The due date for submitting this assignment has passed. Due on 2021-02-17, 23:59 IST.

As per our records you have not submitted this assignment.

1) "Learned helplessness" is associated with which of the following coping strategy?
   - Seeking social support  f point
   - Assistance
   - Positive reappraisal
   - None of these
   No, the answer is incorrect. Score: 0
   Accepted Answers:
   Avoidance

2) Which of the following statement is false?
   - Stress may lead to reduced impulse control and self-indulgence behavior
   - Self-indulgence has high value as a coping strategy
   - As a response to stress, people may develop alternative rewards as a compensation by self-indulgence
   - All of these
   No, the answer is incorrect. Score: 0
   Accepted Answers:
   Self-indulgence has high value as a coping strategy

3) Who among the following proposed the concept of defense mechanisms?
   - Abraham Maslow  f point
   - Carl Rogers
   - Martin Seligman
   - Sigmund Freud
   No, the answer is incorrect. Score: 0
   Accepted Answers:
   Sigmund Freud

4) According to Freud, "--------part of the mind consists of repressed unpleasant and unacceptable experiences and feelings."
   - Conscious  f point
   - Sub-conscious
   - Unconscious
   - All of these
   No, the answer is incorrect. Score: 0
   Accepted Answers:
   Unconscious

5) In Freud’s theory, "--------is the only component of personality present from birth.
   - ID  f point
   - Ego
   - Super-ego
   - All of these
   No, the answer is incorrect. Score: 0
   Accepted Answers:
   ID

6) In Freud’s theory, "--------resorts to defense mechanisms by distorting reality.
   - ID  f point
   - Ego
   - Super-ego
   - All of these
   No, the answer is incorrect. Score: 0
   Accepted Answers:
   Ego

7) A person with a lot of anger and aggressive impulse express his anger or aggression by joining boxing. This is an example of "--------defense mechanism.
   - Reaction formation  f point
   - Displacement
   - Sublimation
   - Compensation
   No, the answer is incorrect. Score: 0
   Accepted Answers:
   Sublimation

8) According to Freud, "--------is the most healthy and successful defense mechanism.
   - Reaction formation  f point
   - Displacement
   - Sublimation
   - Compensation
   No, the answer is incorrect. Score: 0
   Accepted Answers:
   Sublimation