Assignment 2

The due date for submitting this assignment has passed.

As per our records you have not submitted this assignment.

Assignment: For Week 2: Stress, Trauma and Health

1) …………………… secrete antibodies into the body fluids to destroy antigens.
   (a) B cells
   (b) Killer T cells
   (c) Helper T cells
   (d) Phagocytes

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   (a) B cells

2) …………………… stage of the general adaptation syndrome proposed by Selye is associated with decrease in immune functions.
   (a) Alarm
   (b) Resistance
   (c) Exhaustion
   (d) Isolation

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   (c) Exhaustion

3) Which hormones among the following is most strongly associated with decrease in immune response?
   (a) Norepinephrine
   (b) Cortisol
   (c) Estrogen
   (d) Prolactin

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   (a) Norepinephrine

4) …………………… is buildup of fatty plaques or plagues on arterial wall leading to the narrowing down of the artery of heart.
   (a) Broken heart syndrome
   (b) Atherosclerosis
   (c) Hyper tension
   (d) None of the above

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   (b) Atherosclerosis

5) John displays excessive competition, achievement orientation, time urgency and anger. Most probably, he is …………………… personality.
   (a) Type B
   (b) Psychologically hardy
   (c) Neuroticism
   (d) Type A

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   (d) Type A

6) Friedman and Rosenman (1974) found that Type A individuals were twice as likely to develop …………………… than Type B individuals.
   (a) Diabetes
   (b) PTSD
   (c) Depression
   (d) Coronary heart disease

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   (b) PTSD

7) The American Psychiatric Association (APA) added PTSD to the …………………… in 1980
   (a) DSM 1
   (b) DSM 2
   (c) DSM 3
   (d) DSM 4

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   (c) DSM 3

8) According to the DSM 5 criteria, symptoms should last for more than …………………… for the diagnosis of PTSD.
   (a) 1 month
   (b) 2 months
   (c) 3 months
   (d) 12 months

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   (a) 1 month

9) Which of the following is associated with exposure to repeated, prolonged, interpersonal trauma exposure?
   (a) PTSD
   (b) Complex PTSD
   (c) None of the above

   No, the answer is incorrect.
   Score: 0
   Accepted Answers:
   (b) Complex PTSD