 Assignment 8: Recent Trends and Directions on Positive Psychology

Due on 2019-03-22, 23:59 IST

1. State True or False:
   a. Positive Psychology has its roots in the works of Abraham Maslow and Carl Rogers.
   - True
   - False
   No, the answer is incorrect.
   Accepted Answers
   True

2. Which of the following theories established the link to the major part of ancient Indian theories and methods, allowing access to the whole of ancient writings in becoming psychotechnical research?
   - Nirvana
   - Mahayana
   - Vedanta
   - Yoga
   - Mindfulness
   No, the answer is incorrect.
   Accepted Answers
   Yoga

3. According to the ancient Indian Philosophy, what is the ultimate goal in life?
   - Self-realization
   - Liberation
   - Knowledge
   - Happiness
   - Enlightenment
   No, the answer is incorrect.
   Accepted Answers
   Enlightenment

4. According to the ancient Indian Philosophy, what are the essential qualities that help in achieving Self-realization?
   - Wisdom
   - Knowledge
   - Intellect
   - Virtue
   - Action
   No, the answer is incorrect.
   Accepted Answers
   Virtue

5. Which of the following beliefs is not associated with the ancient Indian Philosophy?
   - Reincarnation
   -业力
   - Karma
   - Self-realization
   - Enlightenment
   No, the answer is incorrect.
   Accepted Answers
   Self-realization

6. According to the ancient Indian Philosophy, what is the ultimate goal in life?
   - Self-realization
   - Liberation
   - Knowledge
   - Happiness
   - Enlightenment
   No, the answer is incorrect.
   Accepted Answers
   Enlightenment

7. In ancient Indian Philosophy, what is the ultimate goal in life?
   - Self-realization
   - Liberation
   - Knowledge
   - Happiness
   - Enlightenment
   No, the answer is incorrect.
   Accepted Answers
   Enlightenment

8. According to the ancient Indian Philosophy, what is the ultimate goal in life?
   - Self-realization
   - Liberation
   - Knowledge
   - Happiness
   - Enlightenment
   No, the answer is incorrect.
   Accepted Answers
   Enlightenment

9. According to the ancient Indian Philosophy, what are the essential qualities that help in achieving Self-realization?
   - Wisdom
   - Knowledge
   - Intellect
   - Virtue
   - Action
   No, the answer is incorrect.
   Accepted Answers
   Virtue

10. According to the ancient Indian Philosophy, what is the ultimate goal in life?
    - Self-realization
    - Liberation
    - Knowledge
    - Happiness
    - Enlightenment
    No, the answer is incorrect.
    Accepted Answers
    Enlightenment

11. According to the ancient Indian Philosophy, what is the ultimate goal in life?
    - Self-realization
    - Liberation
    - Knowledge
    - Happiness
    - Enlightenment
    No, the answer is incorrect.
    Accepted Answers
    Enlightenment

12. According to the ancient Indian Philosophy, what are the essential qualities that help in achieving Self-realization?
    - Wisdom
    - Knowledge
    - Intellect
    - Virtue
    - Action
    No, the answer is incorrect.
    Accepted Answers
    Virtue

13. According to the ancient Indian Philosophy, what is the ultimate goal in life?
    - Self-realization
    - Liberation
    - Knowledge
    - Happiness
    - Enlightenment
    No, the answer is incorrect.
    Accepted Answers
    Enlightenment