Assignment 1

1. The following intake requires more water than drinking water requirements:

- Adult male
- Adult female
- Infant
- Pregnant woman

b. Which of the above requires more water than drinking water requirements? Infant

2. The intake of a 12-year-old child is calculated using the following formula:

   - Total energy intake
   - Protein intake
   - Fat intake
   - Carbohydrate intake

3. The following factors affect the intake of water:

   - Level of physical activity
   - Environmental temperature
   - Humidity
   - Current health condition

4. The following are recommended daily intake of water:

   - Adult male
   - Adult female
   - Infant
   - Pregnant woman

5. The intake of water is calculated using the following formula:

   - Total energy intake
   - Protein intake
   - Fat intake
   - Carbohydrate intake

6. The following information is essential for the intake of water:

   - Level of physical activity
   - Environmental temperature
   - Humidity
   - Current health condition

7. The intake of water is calculated using the following formula:

   - Total energy intake
   - Protein intake
   - Fat intake
   - Carbohydrate intake

8. The intake of water is calculated using the following formula:

   - Total energy intake
   - Protein intake
   - Fat intake
   - Carbohydrate intake

9. The intake of water is calculated using the following formula:

   - Total energy intake
   - Protein intake
   - Fat intake
   - Carbohydrate intake

10. The intake of water is calculated using the following formula:

    - Total energy intake
    - Protein intake
    - Fat intake
    - Carbohydrate intake

11. The intake of water is calculated using the following formula:

    - Total energy intake
    - Protein intake
    - Fat intake
    - Carbohydrate intake

12. The intake of water is calculated using the following formula:

    - Total energy intake
    - Protein intake
    - Fat intake
    - Carbohydrate intake

13. The intake of water is calculated using the following formula:

    - Total energy intake
    - Protein intake
    - Fat intake
    - Carbohydrate intake

14. The intake of water is calculated using the following formula:

    - Total energy intake
    - Protein intake
    - Fat intake
    - Carbohydrate intake

15. The intake of water is calculated using the following formula:

    - Total energy intake
    - Protein intake
    - Fat intake
    - Carbohydrate intake

16. The intake of water is calculated using the following formula:

    - Total energy intake
    - Protein intake
    - Fat intake
    - Carbohydrate intake

17. The intake of water is calculated using the following formula:

    - Total energy intake
    - Protein intake
    - Fat intake
    - Carbohydrate intake