Assignment 4

The study was conducted in the Department of Biomedical Sciences at the University of XYZ. A total of 100 participants were recruited for the study, including healthy controls and individuals with a history of mental illness. The participants were randomly assigned to one of three groups: the intervention group, the control group, and the placebo group. The intervention group received a new medication to treat mental health disorders, while the control and placebo groups received a placebo medication.

The primary outcome measure was the reduction in symptoms of depression, as assessed using the Depression, Anxiety, and Stress Scale (DASS-21). The results showed a significant reduction in symptoms in the intervention group compared to the control and placebo groups. The intervention group also reported a decrease in anxiety and stress levels.

The study was approved by the Institutional Review Board (IRB) and conducted in accordance with the Declaration of Helsinki.

Contributors:

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