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Courses » Developing Soft Skills and Personality

Announcements **Course** Ask a Question Progress Mentor

Unit 2 - Week-1

Course outline

How to Access the Portal ?

Week-1

- Lecture 1: INTRODUCTION: A NEW APPROACH TO LEARNING
- Lecture 2: PLANNING AND GOAL-SETTING
- Lecture 3: HUMAN PERCEPTIONS: UNDERSTANDING PEOPLE
- Lecture 4: TYPES OF SOFT SKILLS: SELF-MANAGEMENT SKILLS
- Lecture 5: AIMING FOR EXCELLENCE: DEVELOPING POTENTIAL AND SELF-ACTUALISATION
- Lecture 6: NEED ACHIEVEMENT AND SPIRITUAL INTELLIGENCE

Assignment 1

The due date for submitting this assignment has passed. As per our records you have not submitted this assignment. **Due on 2018-09-12, 23:59 IST.**

1) Learning, in the true sense of the term, involves: **1 point**

- Rote learning of text books
- Learning facts
- Reproducing memorized data
- None of these

No, the answer is incorrect.
Score: 0

Accepted Answers:
None of these

2) Learning becomes complete by: **1 point**

- Reading books
- Interacting with the environment
- Both of these
- None of these

No, the answer is incorrect.
Score: 0

Accepted Answers:
Both of these

3) Identify the most important factor for a happy and peaceful life: **1 point**

- Money
- Degrees and certificates

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Answer Key for Assignment 1

Week- 2

Week- 3

Week- 4

Week- 5

Week - 6

Week- 7

Week- 8

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4) Soft skills are also known as:

1 point

- Hard skills
- People Skills
- Analytical SKills
- Intuition

No, the answer is incorrect.

Score: 0

Accepted Answers:

People Skills

5) According to McClelland, the basic needs that drive people is/are:

1 point

- Motivation for power
- Motivation for affiliation
- Motivation for achievement
- All of these

No, the answer is incorrect.

Score: 0

Accepted Answers:

All of these

6) The Japanese expression Kaikaku means:

1 point

- Small Change
- Continual change
- Radical change
- None of these

No, the answer is incorrect.

Score: 0

Accepted Answers:

Radical change

7) Which of the following is a quality that stands in the way of achieving excellence?

1 point

- Optimism
- Punctuality
- Postponement
- None of these

No, the answer is incorrect.

Score: 0

Accepted Answers:

Postponement

8) A person with inner strength

1 point

- Is fixed-minded
- Has low self-esteem
- Is pessimistic
- Learns from failure

No, the answer is incorrect.

Score: 0

Accepted Answers:

Learns from failure

9) What type of people looks for opportunities for learning even in a difficult situation? **1 point**

- People with the fixed mindset
- People with growth mindset
- People without a mindset
- None of these

No, the answer is incorrect.

Score: 0

Accepted Answers:

People with growth mindset

10) To manage one's time effectively, one should engage with: **1 point**

- No-value tasks
- High-value tasks
- Low-value tasks
- All of these

No, the answer is incorrect.

Score: 0

Accepted Answers:

High-value tasks

11) Complete the following: True learning refers to one's interaction with the environment leading to a permanent change in _____. **1 point**

- Eating Pattern
- Body Weight
- Behaviour
- Metabolism

No, the answer is incorrect.

Score: 0

Accepted Answers:

Behaviour

12) How much of our happiness is determined by people we spend most of our time with? **1 point**

- 0%
- 10%
- 50%
- 80%

No, the answer is incorrect.

Score: 0

Accepted Answers:

80%

13) Human perceptions are: **1 point**

- Similar without exception

- Uniform, more or less
- Different, often contradictory
- None of these

No, the answer is incorrect.

Score: 0

Accepted Answers:

Different, often contradictory

14) Self-management skills include:

1 point

- Self - awareness
- Emotional balance
- Self-confidence
- All of these

No, the answer is incorrect.

Score: 0

Accepted Answers:

All of these

15) While confronted with a clashing point of view, one should be guided by:

1 point

- Prejudice
- Empathy
- Anger
- Irritation

No, the answer is incorrect.

Score: 0

Accepted Answers:

Empathy

16) Which of the following quality/qualities is/are effective in handling failure?

1 point

- Perseverance
- Resilience
- Determination
- All of these

No, the answer is incorrect.

Score: 0

Accepted Answers:

All of these

17) Self-awareness entails knowing one's:

1 point

- Driving forces
- Addictions
- Fears
- All of these

No, the answer is incorrect.

Score: 0

Accepted Answers:

All of these

18) Which of the following(s) is/are effective in actualizing one's life-goals?

1 point

- Visualizing the goal
- Breaking it into small and achievable chunks
- Both of these
- None of these

No, the answer is incorrect.

Score: 0

Accepted Answers:

Both of these

19) Which of the following is a characteristic of high spiritual intelligence?

1 point

- Compassion
- Creativity
- Courage
- All of these

No, the answer is incorrect.

Score: 0

Accepted Answers:

All of these

20) Identify the author of The Achieving Society:

1 point

- Abraham Maslow
- Warren Buffett
- David McClelland
- Carl Sagan

No, the answer is incorrect.

Score: 0

Accepted Answers:

David McClelland

21) It is okay to show anger on someone's annoying behaviour without knowing the reason.

1 point

- True
- False

No, the answer is incorrect.

Score: 0

Accepted Answers:

False

22) Optical illusions underscore perceptual differences in human beings.

1 point

- True
- False

No, the answer is incorrect.

Score: 0

Accepted Answers:

True

23) People around you contribute to your success or failure.

1 point

- True
 False

No, the answer is incorrect.

Score: 0

Accepted Answers:

True

24) People with N-Ach trait accomplish goals for the sake of a material reward.

1 point

- True
 False

No, the answer is incorrect.

Score: 0

Accepted Answers:

False

25) Almost everybody is self-actualised.

1 point

- True
 False

No, the answer is incorrect.

Score: 0

Accepted Answers:

False

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