Week 7 & 8 20 marks

Multiple choice questions:

Select the correct answer:

1. Inactive colon which has loss of muscle tone in the intestinal walls is called  ( )
   a. atonic constipation  
   b. stress constipation

2. Recommended amount of fiber per 1000 kcal  ( )
   a. 7g  
   b. 14g  
   c. 21g  
   d. 35g

3. Blood visible in the stool due to infection of Shigella is  ( )
   a. diarrhoea  
   b. constipation  
   c. indigestion  
   d. dysentery

4. Sources of bacteria to re-establish beneficial gut flora are  ( )
   a. prebiotics  
   b. probiotics  
   c. antibiotics  
   d. biotics

5. WHO oral rehydration salt solution contains _____ g/litre of glucose  ( )
   a. 10  
   b. 15  
   c. 20  
   d. 25

6. In jaundice, the blood levels of pigments are high  ( )
   a. bile  
   b. lymph  
   c. color  
   d. keratin

7. Ensuring sodium restriction, if there is _________ in liver disease  ( )
   a. block  
   b. edema  
   c. itching  
   d. bleeding

8. In _________ the main therapy consists of nutritionally adequate diet and bed rest  ( )
   a. nephritis  
   b. colitis  
   c. hepatitis  
   d. proctitis

9. Back up of bile in the ____________ is called cholestatis.  ( )
   a. Liver  
   b. stomach  
   c. blood  
   d. pancreas

10. Carbohydrate intolerance during pregnancy is  ( )
    a. Type I diabetes  
    b. Gestational diabetes

11. Narrowing of arterial walls with fatty material is  ( )
    a. atherosclerosis  
    b. infarction  
    c. fibrosis  
    d. necrosis

12. Emergency care is needed, if blood pressure is higher than  ( )
    a. 120/80  
    b. 140/90  
    c. 160/100  
    d. 180/110
13. Dietary modifications in___________ disease most often involve cholesterol-lowering or sodium-controlling measures ( )
   a. cardiovascular  b. liver   c. kidney   d. brain

14. When blood flow stops to a part of the heart causing damage to the heart muscle is ( )
   a. stroke  b. hypertension  c. myocardial infarction  d. jaundice

15. CHF develops if ventricles can’t pump_______ in sufficient volume to the body ( )
   a. lymph  b. blood  c. urine  d. serum

16. Daily fluid replacement should be _______ ml plus daily amount excreted in urine in nephritis ( )
   a. 500  b. 750  c. 1000  d. 1250

17. When the ________ reduces to 3ml/min, dietary control is not sufficient and dialysis or kidney transplant is necessary ( )
   a. GFR  b. RBF  c. CHI  d. BMI

18. Excessive muscle meat sources of protein is related to increased risk of cancer of ( )
   a. breast  b. colon  c. rectal  d. lung

19. Inability to convert phenylalanine to__________ is Phenylketonuria ( )
   a. tryptophan  b. threonine  c. tyrosine  d. thiamine

20. Patients with ________ remain in a hyper metabolic state for many weeks ( )
   a. burns  b. pains  c. wounds  d. diarrhoea

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